

# TL;DR

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Progress is an iPhone, iPad, and Mac app designed to help keep track of progress towards goals. Progress is perfect for tracking almost anything - distance, money, time, weight, and more! Stay on target with history charts showing your recent trends!

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## What is Progress?

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Progress is more than just another goal tracking app. Progress keeps a full log of your history and displays charts and trends over time. It includes powerful Home & Lock Screen widgets and advanced Siri Shortcuts support to unlock complex integrations.

**Progress features include:**

- Tracking and smart formatting - create trackers customized to your goals. Intelligent formatting handles currencies, times, weights, and more with ease.
  - Categories - organize trackers into categories, then use them to filter down to what you want to see.
  - Quick actions - customizable quick actions let you update a tracker with minimal effort.
  - Automated resets - trackers can reset on a schedule. Useful for daily, weekly, monthly, or yearly goals.
  - Siri Shortcut support - tracker values can be updated using Siri.
  - Tracker history and notes - see trends over time and projected completion dates.
  - Sharing - stay accountable with customizable share cards for social media or family & friends
  - Widget support - Trackers appear right on the Home & Lock Screen.
  - Cross-device support - from iPhone to iPad to Mac and back again, seamless syncing powered by iCloud.
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## Who is Progress for?

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All kinds of people from every walk of life can make use of Progress. If there is a quantitative goal, Progress is a great choice to track it with.

Potential use cases include:

- Tracking weight loss over time
  - Counting books read over a year
  - Making sure you keep within a weekly or monthly budget
  - Tracking kilometers or miles run
  - Charting income increases over time
  - Tracking home or auto loans
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## Pricing

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Progress is a free download with ad support and a five tracker limit.

Users can remove ads and unlock unlimited trackers with Progress Premium - available as a monthly or annual subscription. A lifetime unlock is also available as a single purchase as well.

## Links:

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- Web: <https://progresstracker-app.com>
- Email: [support@shayesapps.com](mailto:support@shayesapps.com)
- App Store: <https://apps.apple.com/app/apple-store/id1548213909>
- Privacy Policy: <https://www.shayesapps.com/policies>